

ENROLLMENT CHECK LIST

- 1. Application
- 2. Contract
- 3. **Operational Policies** Please sign after reading entirely. Keep as reference and become familiar with the material
- 4. Children's Medical Report Section B to be completed and signed by licensed physician.
- 5. Immunization History
- 6. Discipline and Behavior Management Policy
- 7. **Travel and Activity Authorization** Selecting *Blanket Permission for All Given Activities* will avoid frequent completion if this form. Please note that parents will always be informed before their child is transported anywhere.
- 8. Infant Feeding Schedule For children under 15 months old.
- 9. Alternative Sleep Position Waiver
 - a. Physician Recommendation (up to 6 months of age)
- 10. Infant/Toddler Safe Sleep Policy
- 11. NC Child Care Law and Rules Sign and date
- 12. Photo & Video Release Form
- 13. Food Program Enrollment
 - a. Building for The Future
 - b. Enrollment Forms (CACFP)
 - c. Non-Dairy Milk Substitution
 - d. Medical Statement for Meal Modifications
 - e. Infant Milk & Food Provisions
- 14. Shaken Baby Syndrome Policy (sign & date)
- 15. Smoke Free Policy

Date of Enrollment_

CHILD'S APPLICATION FOR ENROLLMENT

To be completed, signed, and placed on file in the facility on the first day and updated as changes occur and at least annually

CHILD INFORMATION:		Da	te of Birth:	
Full Name:				
Last	First	Middle	Nickname	
Child's Physical				
Address:				
FAMILY INFORMATION:				
Father/Guardian's Name			Home Phone	
Address (if different from child's)			Zip Code	
Work Phone			Cell Phone	
Mother/Guardian's Name			Home Phone	
Address (if different from child's)			Zip Code	
Work Phone			Cell Phone	

CONTACTS:

Child will be released only to the parents/guardians listed above. The child can also be released to the following individuals, as authorized by the person who signs this application. In the event of an emergency, if the parents/guardians cannot be reached, the facility has permission to contact the following individuals.

Name	Relationship	Address	Phone Number
Name	Relationship	Address	Phone Number
Name	Relationship	Address	Phone Number

HEALTH CARE NEEDS:

For any child with health care needs such as allergies, asthma, or other chronic conditions that require specialized health services, a medical action plan shall be attached to the application. The medical action plan must be completed by the child's parent or health care professional. Is there a medical action plan attached? Yes__ No__

List any allergies and the symptoms and type of response required for allergic reactions.

List any health care needs or concerns, symptoms of and type of response for these health care needs or concerns

List any particular fears or unique behavior characteristics the child has

List any types of medication taken for health care needs_____

Share any other information that has a direct bearing on assuring safe medical treatment for your child

EMERGENCY MEDICAL CARE INFORMATION:

Name of health care professional ______ Office Phone ______ Hospital preference _____ Phone _____

I, as the parent/guardian, authorize the center to obtain medical attention for my child in an emergency. Date Signature of Parent/Guardian

I, as the operator, do agree to provide transportation to an appropriate medical resource in the event of emergency. In an emergency situation, other children in the facility will be supervised by a responsible adult. I will not administer any drug or any medication without specific instructions from the physician or the child's parent, guardian, or full-time custodian.

Signature of Administrator_____

Date

SKYERS CHILD DEVELOPMENT CENTER, LLC

Provider-Parent/Guardian Contract

I agree to enroll my child,	, in the Skyers
Child Development Center, LLC beginning on	I have
received and read the center's Operational Policies and agree to co	mply with all rules and
responsibilities stated in them.	

- 1. Care will normally begin at _______o'clock and end at ______o'clock.
- 2. Care will include breakfast, lunch and a p.m. snack. Meals for infants are upon demand.
- 3. The parent will provide food for the following:
- 4. The charge for care of the child is <u>per</u> per _____. There will be a charge of \$1 per minute, if the child is picked up after 6:00pm.
- 5. Payment to Skyers Child Dev. Center will be made in the following manner: credit card _____ check _____ on Fridays for the upcoming week.

Checks are payable to *Skyers Child Development Center (Skyers CDC)*

Payment is due regardless of attendance.

6. Children may be taken from the center only by the person(s) signed below, by person(s) listed on the Application for Enrollment, and/or under the conditions specified in the Operational Policies.

By signing this contract, parent(s)/guardian(s) agree to abide by the written policies. The center may amend the policies by giving the parent(s)/guardian(s) a copy of the new or changed policies at least two weeks before they go into effect.

Father/Legal Guardian's signature	Date
Mother/Legal Guardian's signature	Date
Provider's signature	Date
Co-signer's signature	Date
If the parent or legal guardian is under age 18, a co-sig	,

act as a guarantor to the contract and agree to be bound by all financial terms.



PARENT HANDBOOK OF OPERATIONAL POLICIES

Skyers Child Development Center, LLC 7023 Beatties Ford Rd Charlotte NC 28216 (704) 395-3481 / Phone (704) 395-3456 / Fax skyerscdc@bellsouth,net

Janette Skyers, Director

SKYERS CHILD DEVELOPMENT CENTER, LLC OPERATIONAL POLICIES

Days/Hours/Ages	p. 2
Rates/Payment/Other Fees	p. 2
- Registration Fee	p. 2
- Late Payment Fee	p. 2
- Returned Checks	p. 2
- Late Pick Up Charge	p. 2
- Changes	p. 2
Enrollment Procedures	p. 3
Closings	p. 3
Vacation	p. 3
Severe Weather	p. 3
Supplies/Provisions	p. 4
Sign In and Out	p. 4
Termination Policy	p. 4
Discipline Policy	p. 4
Administrating Medications	p. 4
First Aid & CPR Certification	p. 4
Emergency Information Request	p. 4
Transportation Procedures and Permission	p. 4
Pick-Up	p. 5
Fire & Lockdown Drills	p. 5
Abuse and Neglect Reporting Procedures	p. 5
Accidents and Injuries	p. 5
Reporting Injuries	p. 5
Illness	p. 5
Sanitation	р. б
- Hand Washing	р. б
- Diapering	р. б
- Infant	р. б
Additional Safety Tips	р. б
Potty Training	р. б
Food	р. б
Program Description	p. 7
Parent Involvement	p. 7
Signature	p. 7

Welcome to the Skyers Child Development Center. These policies were developed with all parties in mind. Our goal is to provide a safe and nurturing environment where we encourage children to meet their maximum potential in the areas of physical, emotional, mental and social well-being. Our "open door" policy is to encourage parents/guardians to communicate freely and visit at any time.

DAYS/ HOURS/AGES

We are open Monday-Friday from 7:00am to 6:00 pm. Care is provided for children from 3 weeks 12 years old. We also provide drop-in care where our service is not required on a regular basis. Space availability for drop-in students is dependent on regular attendees.

RATES/PAYMENT/OTHER FEES

The tuition depends on the age of your child and being fully potty trained. Regardless of attendance, tuition is due on Fridays (for the upcoming week) before service is rendered. Late fees are incurred for late payments. Your child may not attend a second week until all fees from the prior week is paid in full. Auto payment is available and we also accepted cards and checks. Checks are payable to Skyers Child Development Center (Skyers CDC). Please retain your canceled checks and credit card receipts as evidence for payment. An annual report of tuition payments will be available each January for tax purposes.

Amendment 2/2/22: Communicable Disease

To maintain the health and safety of all children, parents, and staff the CDC requires the closure of our facility / affected classrooms. Illness is not in our control, however, to keep the facility in operation, tuition will still be required regardless of attendance.

REGISTRATION FEE

In order to start the registration process, a one-time fee of \$100 is due.

LATE PAYMENT FEE

Payment is late if it is not received by closing on the due date. A late charge of \$5.00 per day will be added to your fee if your tuition is not received by closing on the following business day. If payment is not made and your child has been absent for three or more consecutive days without explanation, the child's space will no longer be guaranteed.

RETURNED CHECKS

There is a \$30.00 charge for "insufficient funds" checks. If there are two occurrences of returned checks, all future payments must be in the form of a money order, cashier's check, or credit card.

LATE PICK UP CHARGE

If a parent/guardian is late picking up their child, there is a \$1.00 charge per minute. The fee is due at the time of the late pickup. Your child will be denied access until payment is made.

CHANGES

Fees are subject to change. Four weeks notice will be given before any change is implemented. -2-

ENROLLMENT PROCEDURES

Along with paying the registration fee, the following forms must be read, completed and /or signed prior to the first day of your child's attendance:

- Application
- Contract
- Operational Policies
- Medical Report
- Immunization History
- Discipline and Behavior Management Policy
- Travel and Activity Authorization
- Infant Feeding Schedule (under 15 months old)
- Infant/Toddler Safe Sleep Policy
- NC Child Care Law and Rules
- Photo & Video Release Form
- Child Enrollment Form for Child & Adult Care Food Program (CACFP)
- Shaken Baby Syndrome Policy
- Smoke Free Policy

CLOSINGS

The schedule for paid holidays is listed below. If the holiday falls on a weekend, the Center will close the same day as the federal and state offices. Christmas is traditionally scheduled as a five-day holiday.

- New Year's Day
- Martin Luther King Jr.
- President Day
- Good Friday
- Memorial Day
- Independence Day
- Labor Day
- Thanksgiving Day and the following day
- Week of Christmas

VACATION

Tuition is due regardless of attendance.

SEVERE WEATHER

In the event of severe weather, the Center will follow the advice of our local television and radio station. If it is necessary to close, parents will be called to pick up their children. Tuition is due regardless of attendance.

SUPPLIES/PROVISIONS

The parent/guardian should provide the following items:

- 2 standard sized crib fitted sheets and 2 blankets (1yr & older)
- 5 fitted sheets (younger than a year)
- Change of clothes
- Diapers, wipes, bibs
- Bottles and cups must be labeled with the child's name & date

All items should be labeled with the child's name

SIGN IN AND OUT

An adult signature is required when dropping off and picking up your child. A Sign IN/OUT Record will be available.

TERMINATION POLICY

Before removing your child from Skyers Child Development Center, a two-week notice is required in writing. This allows reasonable time to fill the spot. If your child does not continue to attend the Center for the duration of the two weeks, you will be required to pay all fees up to the two weeks notice. The Center will also give a written, two-week notice to the parent/guardian if it should become necessary to terminate your contract.

DISCIPLINE POLICY

Redirection will be the discipline approach used with children in care. No form of corporal punishment will be used at any time on any child for any reason. No child will be punished in relation to food, rest or toileting accidents. A copy of the discipline policy will be reviewed before enrollment and a copy of the signed policy will remain as a part of the child's file. A copy shall also be given to the parent/guardian.

ADMINISTRATING MEDICATIONS

A Medication Permission Form must be completed in full and must contain information on dosage and time(s) to be given. Prescription and over-the-counter drugs will be given under the following conditions:

- The medication is in the manufacturer's original container
- The medicine is prescribed or recommended for the child by a physician
- The child's name is written on the bottle label
- The expiration dated on the bottle has not passed

The parent/guardian must bring an appropriate dispenser for your child.

FIRST AID & CPR CERTIFICATION

The staff is certified in CPR and First Aid. These certifications are kept current. First aid supplies are available at all times for use if necessary.

EMERGENCY INFORMATION REQUEST

Health and emergency information is kept on file for each child and should be updated by the parent as necessary.

TRANSPORTATION PROCEDURES AND PERMISSION

Transportation is not provided for attendance purposes. When transportation is provided for field trips, written parental permission and emergency information is kept in the vehicle. Children will only be transported in approved car seats or safety restraints. The parent/guardian will always be informed before their child is transported anywhere. The Center welcomes parents to volunteer for field trips.

PICK-UP

At the time of enrollment, parents are asked to designate who may pick up their child. No child will be permitted to leave with any person other than those who have been designated by the parent in writing. If the designated person/s is unable to pick up the child, a written permission or a phone call is required prior to pick up. All adults who are not known by the staff must show a valid photo identification before the child is released.

FIRE & LOCKDOWN DRILLS

Fire Drills are conducted with the children on a monthly basis to insure that everyone knows the procedure to follow in case of a fire. Lockdown drills are conducted quarterly so all children and staff are familiar with the procedure during other emergencies.

ABUSE AND NEGLECT REPORTING PROCEDURES

At any time a child is suspected of being abused or neglected, the Center is required by law to report any suspicions to the Department of Social Services in Mecklenburg County.

ACCIDENTS & INJURIES

All efforts are made to provide a safe indoor and outdoor environment for the children. First aid will be administered when necessary. Once the child has been cared for and comforted, the parent will be contacted and informed about the incident. In instances where immediate medical attention is required, the health care professional will be contacted first and the parent will be contacted second. In the case of a serious life threatening injury, 911 will be called. If you cannot be reached, your emergency contact person will be called.

REPORTING INJURIES

An Incident Report will be completed and filed for all accidents and injuries.

ILLNESS

Children who become ill while at the Center will be separated from the other children and their parent/guardian will be called to pick up their child within an hour. Children also need to be picked up within an hour, if the staff becomes ill. The second contact person will be called if a child cannot be picked up within the hour. A child with the following symptoms may not attend the child care:

- Temperature of 100 degrees axillary or 101 degrees orally ... be fever free without medication for 24 hours before returning
- Diarrhea characterized to be more than the child's normal pattern
- Two or more episodes of vomiting within a 12 hour period
- Have scabies or lice
- Difficulty breathing or severe coughing
- Excessive running nose

- Strep throat... return 24 hours after antibiotic treatment begins
- Pertussis (whooping cough)...return 5 days after antibiotic treatment begins
- Skin problems: impetigo or ringworm...return 24 hours after treatment begins
- Tuberculosis...return when health professional states that the child is not infectious
- Red eye with white or yellow discharge... return 24 hours after treatment
- Chicken pox or rash suggestive of chicken pox

Whenever a physician's treatment is administered, a doctor's note is required before the child can return. We want to keep all of the children as healthy as possible. Please contact the Center if your child has a contagious condition, so other parents and the staff may be advised of the situation and respond appropriately.

SANITATION

HANDWASHING

Our hands may look clean, but they are most likely covered with germs. It is very important to wash our hands often and in the proper manner. Children's hands will be washed upon entering the Center, before and after meals, after bathroom visits and diapering, after outside play, after blowing or wiping nose, after covering a cough and sneeze, after contact with any bodily excretions, and when visibly soiled. Hands are also washed after handling a sick child. Parents/guardians must also wash their hands if they visit the classrooms.

DIAPERING

The staff's hands are washed after diapering each child. The child's hands are also washed after each diaper change. Soiled diapers are placed in a covered, leak-proof container, which is emptied and cleaned daily. Soiled clothes are placed in a plastic bag to be taken home. The diapering area and any equipment and supplies that are touched are cleaned and disinfected.

INFANT ROOM

Shoes are not allowed on mats and/or rugs in the Infant Room in order to maintain a sanitary area for the children to have tummy time and crawl around freely.

ADDITIONAL SAFETY TIPS

To minimize accidents while playing:

- Child's nails should be trimmed at all times.
- Hanging earrings are not allowed.
- Necklaces are not allowed.
- Hats with string are not allowed.

POTTY TRAINING

Parents should first introduce the potty to their child. When the child is comfortable with being trained at home, we will start training at the Center. Please avoid clothing with many buttons and snaps. This hinders easy access and the child's independence.

FOOD

A nutritious breakfast, lunch and snack are provided daily. We stop serving breakfast at 8:30, lunch is around 11:30-12:00, and an afternoon snack at 3:00pm. Breakfast consists of milk, vegetable or fruit, and carbohydrate. Lunch consist of milk, protein,

carbohydrate, vegetable and fruit. Snack is 100% juice or milk and a fruit, vegetable or carbohydrate. A variety of food is prepared, so the children do not tire of the same food.

Food brought to the Center for a special occasion such as a birthday or holiday and is to be shared with other children must be purchased from an establishment that is inspected by health officials.

PROGRAM DESCRIPTION

Some of the activities that your child may look forward to are as follows: singing favorite songs, reading stories, painting, outdoor play, sand and water play, block, and manipulative and dramatic play. Children also get the opportunity to learn numbers, letters, colors, shapes and science. Special nurturing and cuddling are the infants' favorite. Playing is your child's work. When children play and interact with a variety of toys that stimulate their social, emotional, physical and thinking skills, their minds and bodies are preparing for future success. Talk and listen to your child. Take an interest in what they have accomplished at the center each day. This will set the tone for the remainder of the evening.

PARENT INVOLVEMENT

Parents have the right to visit the Skyers Child Development Center at any time while their child is present. They are encouraged to participate. Some ways of participation include birthday celebrations, holiday or seasonal parties, donations for special projects and teacher wish lists, reading a story to the children, field trips, or sharing a special talent. Parents are always encouraged to discuss their child's progress and/or concerns they may have with the staff.

I have read and received a copy of the operational policies for the Skyers Child Development Center. The policies have been discussed with me. I understand the policies and agree with them.

Father/Legal Guardian's Signature _	Date
Mother/Legal Guardian's Signature	Date

Children's Medical Report

Name of Child	Birthdate
Name of Parent or Guardian	
Address of Parent of Guardian	
A. Medical History (May be completed by parent)	
1. Is child allergic to anything? No Yes If yes, what?	
2 Is shild summently under a dester's same? No. Vac. If	use for what masser?
2. Is child currently under a doctor's care? NoYesIf	
3. Is the child on any continuous medication? No Yes	If yes, what?
4. Any previous hospitalizations or operations? No Yes	_ If yes, when and for what?
5. Any history of significant previous diseases or recurrent illr	ness? No Yes : diabetes No Yes :
convulsions No Yes; heart trouble No Yes; If others, what/when?	asthma NoYes
6. Does the child have any physical disabilities: No Yes	
5. Does the online have any physical disaonness. 100 105_	II 900, please deserve
Any mental disabilities? No Yes If yes, please describ	e:
Signature of Parent or Guardian	Date
B. Physical Examination : This examination must be comple agent currently approved by the N. C. Board of Medical 1	
states), a certified nurse practitioner, or a public health nu	
Height% Weight%	
HeadEyesEars	
NeckHeartChestAbd/GU	
Neurological SystemSkin Results of Tuberculin Test, if given: Typedate	
	-
Developmental Evaluation: delayedage appropriate	
If delay, note significance and special care needed;	
Should activities be limited? No Yes If yes, explain: Any other recommendations:	
Date of Examination	
Signature of authorized avernings/title	Phone #
Signature of authorized examiner/title	r none #

Immunization History

Name: _____ Date of Birth: _____

Enter the date an immunization was received in the space below or attach a copy of the immunization record. G.S. 130A-155(b) requires all child care facilities to have this information on file.

Enter date of each dose - Month/Day/Year

VACCINE	#1	#2	#3	#4	#5
*DTP / DT (circle					
which)					
*Polio					
**Hib					
*Hepatitis B					
*MMR					
(combined doses)					
***Chicken Pox					
OTHER					
OTHER					

*Required by state law.

**Required by state law, however the requirement for the booster dose, #4, is temporarily suspended.

***Required by State law for children born on or after 4/1/01.

Records Updated by:	Date Updated:

Discipline Policies and Procedures

We strongly believe that children need nurturing relationships and a quality environment to thrive. **Positive relationships** foster healthy development. We create these nurturing relationships when we:

- Create trust by supporting children's exploration
- Incorporate lessons in children's play
- Respond to children's words and infants' babbling
- Encourage children as they learn new skills
- Build trusting relationships with families

We also create a **quality environment** by including:

- Predictable and supportive schedules and transitions
- Acceptance of children
- Curricula that caters to all areas of child development
- Teaching strategies that are developmentally appropriate and culturally sensitive
- Engaging activities to help children learn

An ounce of prevention is worth a pound of cure, so we create **preventive strategies** to deal with challenging behaviors:

- Through careful and objective observations, one anticipates wants and needs
- Successful strategies include flexibility and individualization
- Modify environment to prevent and reduce conflict which leads to challenging behaviors
- Create rules and expectations according to the developmental stages of children

Praise and positive reinforcement are effective methods of the behavior management of children. When children receive positive, non-violent, and understanding interactions from adults and others, they develop good self-concepts, problem solving abilities, and self-discipline. Based on this belief of how children learn and develop values, this facility:

DO

- 1. Praise, reward, and encourage
- 2. Reason with and set limits
- 3. Model appropriate behavior
- 4. Modify the classroom environment attempting to prevent problems before they occur
- 5. Listen to children
- 6. Provide alternatives for inappropriate behavior

7023 Beatties Ford Rd. Charlotte NC 28216 Phone: 704-395-3481 Fax: 704-395-3456

- 7. Provide natural and logical consequences
- 8. Treat children as people and respect their needs, desires, and feelings
- 9. Ignore minor misbehaviors
- 10. Explain things to children on their level
- 11. Use short supervised periods of "time-out"
- 12. Stay consistent in our behavior management program

DO NOT

- 1. Spank, shake, bite, pinch, push, pull, slap, or otherwise physically punish
- 2. Make fun of, yell at, threaten, make sarcastic remarks about, use profanity, or otherwise verbally abuse
- 3. Shame or punish when bathroom accidents occur
- 4. Deny food or rest as punishment
- 5. Relate discipline to eating, resting, or sleeping
- 6. Leave children alone, unattended, or without supervision
- 7. Place children in locked rooms, closets, or boxes as punishment
- 8. Allow discipline of children by children
- 9. Criticize, make fun of, or otherwise belittle children's parents, families, or ethnic groups

To ensure proper discipline and behavior management techniques are being implemented, we...

- Review weekly lesson plan
- Routinely observe classroom in person & via security camera
- Train a new hire our Discipline Policy and Procedure before the first day of work
- Practice on-going training and review of pertinent topics to staff members
- Encourage staff to be accountable and supportive of each other
- Encourage families to have purposeful conversations with their children
- Listen to and trust the children

Procedures for staff to confidentially report observations or suspicions of inappropriate treatment of children

- Suspicion is enough reason to make a report because the burden of proof is not on the staff member
- It's mandatory that a staff immediately reports inappropriate treatment of a child to the supervisor and/or director
- All reports by staff members regarding inappropriate behaviors are held in the strictest confidence. If the observation or suspicion is reported immediately, the reporting staff will not experience any consequence.

- Inappropriate behavior is considered an emergency, so there is always access to the director via cell phone even if the director is not on site.
- The staff member observing or suspecting the inappropriate behavior is responsible to report the behavior to DSS and/or DCDEE if the director refuses to do so

Procedures for administrators to respond to inappropriate treatment, discipline, or care

- The director immediately interviews the staff member and child that are a part of the alleged allegation
- The parent/guardian is then informed of the incident
- DSS and/or DCDEE is finally contacted

Consequences for staff who fail to comply with the discipline policies and procedures

- The staff member who is allegedly guilty of inappropriate treatment to a child is immediately suspended from work without pay
- Upon the conclusion of their investigation, the staff member will be terminated if DSS and/or DCDEE concludes that neglect or abuse took place

I, the undersigned parent or guardian of _______, do hereby state that I have read and received a copy of the facility's Discipline Policies and Procedures and that the facility's director/coordinator (or other designated staff member) has discussed the facility's Discipline Policies and Procedures with me.

Date of Child's Enrollment:

Signature of Parent or Guardian _____

Date: _____

TRAVEL A	ND ACTIVITY AU	THORIZATION
0 NCAC 3U .0604(1) 3. S. 110-91(6) REV 8/92 SAMPLE FORM	Blanket permission f	for this activity
, following activities Trips in the van/automobile (facility o	name of parent/guardian name of child name of child name of	give my permission to
Field trips away from the facility	Explain planned activity — where and wher	n
	ild is transported in a vehicle. The facili	restraint devises and abide by all the ity will also notify me each time that my child is to
This authorization is valid from	// to//	/
In addition, if the facility has planned	activities outside the fenced area of the	facility,
I will allow my child to play	outside the fenced area; or	
I will not allow my child to p	play outside the fenced area.	
	Parent/Guardian Signature	
This authorization is valid from	Date Signed	 /
"ile in child's folder	(0 / / /	

Infant Feeding Schedule

Name of Child	Date
Date of Birth	
Instructions	
1. Food/Bottles Brought Daily (quantity):	
2. Instructions for Feeding:	
A. Bottles (breast milk, formula, milk, juice)	
B. Food (baby food, cereal, table food)	
3. I plan to nurse: (approximate time) \Box	
	Parent Signature
Changes in Schedule (Must be recorded as ear	ting habits change)

Food:	Date to Introduce:	New Instructions:	Parent or Staff Signature:
Milk			
Baby Food			
Juice			
Cereal			
Table Food			

*Must be completed for all children less than 15 months old

ALTERNATIVE SLEEP POSITION WAIVER Physician Recommendation

Child's Name:	Date of Birth:	Age:
Parent/Guardian's Name:		
Address:		
Home Phone:		
Fax: E		
The child's primary	care physician must complete the fo	llowing section.
Name of Primary Care Physician:		
Name of Practice:		
Address:		
Phone: Pa		
Email:		
The NC Child Care Law requires ch At the advice of the child's physicia position fo The above named child has the following Please describe the appropriate sleep pos Effective Dates of Waiver: from Physician's Signature:	an, the center may be authorized or the child due to medical reased g medical condition that necessitate sition for the above named child:	ed to use an alternative sleep ons. s an alternative sleep position:
"I, as the parent or guardian of the above m listed below, its officers, directors, and emp child due to Sudden Infant Death Syndrome concerning SIDS. I further authorize the ch position, at the recommendatio	entioned child, do hereby release an bloyees, from any and all liability wh e (SIDS). I affirm and acknowledge t hild care facility and its employees to on of my child's primary care physici	d hold harmless the child care facility atsoever associated with harm to my that I been provided with information place my child in an alternative sleep ian, as described above."
Parent/Guardian Signature:		Date:
An authorized official with the	he child care facility must comple	ete the following section.
Name of Child Care Facility:	ID ;	#:
Facility Representative's Signature:		Date:
NC DCD		September 2003

Child Care Facility:



A safe sleep environment for infants reduces the risk of sudden infant death syndrome (SIDS) and other sleep related infant deaths. According to N.C. Law, child care providers caring for infants 12 months of age or younger are required to implement a safe sleep policy and share the policy with parents/guardians and staff. We implement the following safe sleep policy. References: N.C. Law G.S. 100-91 (15), N.C. Child Care Rules .0606 and .1724, Caring for Our Children

Safe Sleep Practices

- 1. We train all staff, substitutes, and volunteers caring for infants aged 12 months or younger on how to implement our Infant/Toddler Safe Sleep Policy.
- 2. We always place infants under 6 months of age on their backs to sleep, unless a signed ITS-SIDS Alternate Sleep Position Health Care Professional Waiver is in the infant's file and posted at the infant's crib. We retain the waiver in the child's record for as long as they are enrolled.
- 3. U We do not accept Parent Waivers for infants older than six months.* -OR-U We accept the ITS-SIDS Alternate Sleep Position Parent Waiver.
- We place infants on their backs to sleep even after they 4. can easily turn over from the back to the stomach. We then allow them to adopt their own position for sleep.

U We document when each infant can roll from back to stomach and tell the parents. We put a notice in the child's file and on or near the infant's crib.*

5. We visually check sleeping infants every 15 minutes and record what we see on a Sleep Chart.

□ We check infants 2-4 month of age more frequently.*

We maintain the temperature in the room where infants 6. sleep between 68-75°F and check it on the thermometer in the room.

U We further reduce the risk of overheating by not over-dressing infants*

- We provide all infants supervised "tummy time" daily. 7.
- 8. We follow N.C Child Care Rules .0901(j) and .1706(g) regarding breastfeeding.

□ We further encourage breastfeeding in the following ways:* ____

Effective date:______ Review date(s): ______ Revision date(s): ______

Safe Sleep Environment

- 9. We use Consumer Product Safety Commission (CPSC) approved cribs or other approved sleep spaces for infants. Each infant has his or her own crib or sleep space.
- 10. Ue do not allow infants to use pacifiers. -OR-

U We allow pacifiers without any attachments. Pacifiers attached to clothing will be removed when placed to sleep.

U We do not reinsert the pacifier in the infant's mouth if it falls out.*

U We remove the pacifier from the crib once it has fallen from the infant's mouth.*

- 11. We do not allow infants to be swaddled.
- 12. We do not cover infants' heads with blankets or bedding.
- 13. We do not allow garments that restrict movement.*
- 14. We do not allow any objects, such as, pillows, blankets, or toys other than pacifiers in the crib or sleep space.
- 15. Infants are not placed in or left in car safety seats, strollers, swings, or infant carriers to sleep.
- 16. We give all parents/guardians of infants a written copy of the Infant/Toddler Safe Sleep Policy before enrollment. We review the policy with them, and ask them to sign a statement saying they received and reviewed the policy. • We encourage families to follow the same safe sleep practices to ease infants' transition to child care.*
- 17. Family child care homes: We post a copy of this policy and a safe sleep practices poster in the infant sleep room where it can easily be read.
- 18. Centers: We post a copy of this policy in the infant sleep room where it can easily be read.

*Indicates we follow this best practice recommendation.

Distribution : We give parents/guardians a copy of the policy. We give all staff, substitutes and volunteers a copy to review. We inform them of changes 14 days before the effective date. We give parents/guardians a copy of the policy they signed and put a copy in child's them of changes 14 days before the effective date. We give parents/guardians a copy of the policy they signed and put a copy in child's them of changes 14 days before the effective date. We give parents/guardians a copy of the policy they signed and put a copy in child's them of changes 14 days before the effective date. We give parents/guardians a copy of the policy they signed and put a copy in child's the policy date.							
, the undersigned parent/guar copy of the facility's <i>Infant/Too</i> designated staff member.	dian of Idler Safe Sleep Policy. I have read the policy and discus	(child's full name), have received a seed it the facility director/owner/operator, or other					
Child's Enrollment Date:	Parent/Guardian Signature:	Date:					
Facility Representative Signatu	re:	Date:					

The following requirements apply to both centers and homes. **Transportation**

Child care centers or family child care homes providing transportation for children must meet all motor vehicle laws, including inspection, insurance, license, and restraint requirements. Children may never be left alone in a vehicle and child-staff ratio must be maintained.

Records

Centers and homes must keep accurate records such as children's attendance, immunizations, and emergency phone numbers. A record of monthly fire drills practiced with safe evacuation of children must also be maintained. A safe sleep policy must be developed and shared with parents if children younger than 12 months are in care.

Discipline

Each program must have a written policy on discipline, must discuss it with parents, and must give parents a copy when the child is enrolled. Changes in discipline policy must be shared with parents in writing before going into effect. Corporal punishment (spanking, slapping, or other physical discipline) is prohibited in all family child care homes and centers. Religious-sponsored programs which notify the Division of Child Development that corporal punishment is part of their religious training are exempt from that part of the law.

Parental Rights

- Parents have the right to enter a family child care home or center at any time while their child is present.
- Parents have the right to see the license displayed in a prominent place.
- Parents have the right to know how their child will be disciplined.

The law and rules are developed to establish minimum requirements. Most parents would like more than minimum care. Child care resource and referral agencies can provide help in choosing quality care. Check the telephone directory or talk with a child care provider to see if there is a child care resource and referral agency in your community. For more information visit the Resources in Child Care website at: *www.ncchildcare.net*. For more information on the law and rules, contact the Division of Child Development at 919-662-4499 or 1-800-859-0829, or visit our homepage at: *http://www.ncchildcare.net*.

Reviewing Files

A public file is maintained in the Division's main office in Raleigh for every center or family child care home. These files can be

- viewed during work hours;
- requested via the Division's web site at <u>www.ncchildcare.net;</u> or,
- requested by contacting the Division at 1-800-859-0829.

How to Report a Problem

North Carolina law requires staff from the Division of Child Development to investigate a licensed family child care home or child care center when there has been a complaint. Child care providers who violate the law or rules may be fined up to \$1,000 and may have their licenses suspended or revoked. If you believe that a child care provider fails to meet the requirements described in this pamphlet, or if you have questions, please call the Division of Child Development at 919-662-4499 or 1-800-859-0829.

Child Abuse or Neglect

Abuse occurs when a parent or caregiver injures or allows another to injure a child physically or emotionally. Abuse may also occur when a parent or caregiver puts a child at risk of serious injury or allows another to put a child at risk of serious injury. Neglect occurs when a child does not receive proper care, supervision, or discipline, or when a child is abandoned. North Carolina law requires any person who suspects child abuse or neglect to report the case to the county department of social services. In addition, any person can call the Division of Child Development at 919-662-4499 or 1-800-859-0829 and make a report of suspected child abuse or neglect in a child care operation. Reports can be made anonymously. A person cannot be held liable for a report made in good faith. The operator of the program must notify parents of children currently enrolled in writing of the substantiation of any abuse/neglect complaint or the issuance of any administrative action against the child care facility.

Summary: North Carolina Child Care Law and Rules

Division of Child Development North Carolina Department of Health and Human Services 319 Chapanoke Road Raleigh, NC 27603

December 2007



The North Carolina Department of Health and Human Services does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or provision of services.

What Is Child Care?

The law defines child care as:

- three or more unrelated children under 13 years of age
- receiving care from a non-relative
- on a regular basis, of at least once a week
- for more than four hours per day but less than 24 hours.

It is only when all of these conditions exist that regulation is required. The North Carolina Department of Health and Human Services is responsible for regulating child care. This is done through the Division of Child Development. The purpose of regulation is to protect the well-being of children while they are away from their parents. The law defining child care is in the North Carolina General Statutes, Article 7, Chapter 110.

The North Carolina Child Care Commission is responsible for adopting rules to carry out the law. Some counties and cities in North Carolina also have local zoning requirements for child care programs.

Star Rated Licenses

Centers and homes that are meeting the minimum licensing requirements will receive a one star license. Programs that choose to voluntarily meet higher standards can apply for a two through five star license. The number of stars a program earns is based upon the education levels their staff meet and the program standards met by the program.

Family Child Care Homes

A family child care home is licensed to care for five or fewer preschool age children, and an additional three school age children. This includes preschoolers living in the home but the provider's own school-age children are not counted (Individuals caring for one or two children are exempt from being licensed.) Licenses are issued to family child care home providers who meet the following requirements:

- Home providers must be 21 years old with at least a high school education or its equivalent, and mentally and emotionally capable of caring for children.
- He or she must undergo a criminal records background check initially, and every three years thereafter.

- All household members over age 15 who are present in family child care homes when children are in care must also undergo a criminal records background check. As of December 2008, criminal records rechecks will be done every three years.
- All family child care home providers must have training in CPR each year and in ITS-SIDS and first aid every three years. They also must complete a minimum number of training hours annually.

All family child care homes must meet basic health and safety standards. Providers must maintain verification of children's immunization and health status. They must provide developmentally appropriate toys and activities, as well as nutritious meals and snacks for the children in care.

Child Care Centers

Licensing as a center is required when six or more children are cared for in a residence or when three or more children are in care in a building other than a residence. Religious-sponsored programs are exempt from some of the regulations described below if they choose not to be licensed. Programs that operate for less than four consecutive months, such as summer camps, are exempt from licensing. Child care centers may voluntarily meet higher standards and receive a license with a higher rating. Centers will be visited at least annually to make sure they are following the law and to receive technical assistance from child care consultants.

Licensed centers must meet requirements in the following areas.

<u>Staff</u>

The administrator of a child care center must be at least 21, and have at least a North Carolina Early Childhood Administration Credential or its equivalent. Lead teachers in a child care center must be at least 18 and have at least a North Carolina Early Childhood Credential or its equivalent. If administrators and lead teachers do not meet this requirement, they must begin credential coursework within six months of being hired. Staff younger than 18 years of age must work under the direct supervision of staff 21 years of age or older. All staff must complete a minimum number of training hours annually including ITS-SIDS training for any caregiver that works with infants 12 months of age or younger. All staff must also undergo a criminal records background check. As of December 2008, criminal records rechecks will be done every three years.

Ratios

Ratios are the number of staff required to supervise a certain number of children. Group size is the maximum number of children in one group. Ratios and group sizes for licensure are shown below and must be posted in each classroom.

Age	Teacher : Child Ratio	Maximum Group Size
0-12 months	1:5	10
12-24 months	1:6	12
2 years old	1:10	20
3 years old	1:15	25
4 years old	1:20	25
School age	1:25	25

Small centers in a residence that are licensed for six to twelve children may keep up to three additional school-age children, depending on the ages of the other children in care. When the group has children of different ages, staff-child ratios and group size must be met for the youngest child in the group.

Space and Equipment

To meet licensing requirements, there must be at least 25 square feet per child indoors and 75 square feet per child outdoors. Outdoor play space must be fenced. Indoor equipment must be clean, safe, well maintained, and developmentally appropriate. Outdoor equipment and furnishings must be child size, sturdy, and free of hazards that could injure children.

Curriculum

The Division of Child Development does not promote or require any specific curriculum over another. Child care programs choose the type of curriculum appropriate for the ages of the children enrolled. Activity plans must be available to parents and must show a balance of active and quiet activities. Rooms must be arranged to encourage children to explore and use materials on their own.

Health and Safety

Children must be immunized on schedule. Each licensed center must ensure the health and safety of children by sanitizing areas and equipment used by children. Meals and snacks must be nutritious, and children must have portions large enough to satisfy their hunger. Food must be offered at least once every four hours. Local health, building, and fire inspectors visit licensed programs to make sure standards are met. All children must be allowed to play outdoors each day (weather permitting) and must have space and time provided for rest.

Skyers Child Development Center, LLC

Photo & Video Release Form

I do herby grant to Skyers CDC the unlimited right to use and/or reproduce photographs, video, and voice of my child and myself in any legal manner for the internal and/or external promotional and informational activities of Skyers CDC.

I agree to allow mine and my child's picture, video, and child's work to be published on the Skyers CDC internet/intranet web pages and publications. I also agree for myself and to allow my child to be interviewed and/or photographed by representatives of the external news media in relation to any and all coverage of Skyers CDC in which they are involved.

I further understand that by signing this release, I waive any and all present or future compensation rights to the use of the above stated material(s).

Student's Name	
Father/Guardian Signature	Date
Father/Guardian Name (please print)	
Father/Guardian Address	
Mother/Guardian Signature	
Mother/Guardian Name (please print)	
Mother/Guardian Address	
Witness Signature	
Witness Name (please print)	

			Skyers CDC L		
First Name Include Nicknames	Last Name	Date of Birth	Normal Drop Off And Pick Up Times	Indicate Child's No Days of Care	ormal Indicate Normal Meal Child Receives Daily
	e <mark>rstah</mark> n on gen	to (fuero).	Drop Off Pick Up	MTUWTHF	S SU B AM LU PM SU EN
and an			Drop Off Pick Up	MTUWTHFS	period and the period term period and the period of the second second second second second second second second
		litertu. A usadad	Drop Off Pick Up	MTUWTHFS	S SU B AM LU PM SU EV
adalaha ing ka	ne (dibenne sin	on stress	Drop Off Pick Up	MTUWTHFS	S SU B AM LU PM SU E
¹ B=Breakfast	AM= Morning Sna	ck LU=L	unch PM= Af	ternoon Snack SU=	Supper EVE=Evening Snack
Check One Ethni	icity Below:	in a rigi	the second se	More Race(s) Below:	
Hispanic 🗖 Non-Hispanic 🗖		eine neite A	Black/Africa		
2014) 2011 2014 2014	*Enter Confide	-	bility Informati Pryone_signs	on In Boxes A. B, in Box E :	C, and/or D
and the second sec	Name any cl	nildren or	Box A this form who	o are enrolled in <u>He</u>	ad Start:
1. total of a maind.o.	2	Solugi ett	3	ng aga an an danas. Ang aga ang aga aga aga	4
1 Enter a case numb	2 er here if vou h	ave one:	3 <u>Box C</u>		4
intoi a odoo manno					
SNAP (Food Stamps)) #	No. 2012		= #	FDPIR#
SNAP (Food Stamps) IF you enter no guidelines o Names of household members \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	othing in Boxes n the back in Bo	A, B, or 0 ox D, enter er than th Monthl Securit	Box D C AND your be er names and i ne children on y Social Month	fore-tax household ncome amounts be <i>this form</i> . Include	income falls below the low for all people in your
<u>IF</u> you enter no guidelines of	othing in Boxes n the back in Bo household oth	A, B, or 0 ox D, enter er than th Monthl Securit	Box D C AND your be er names and i ne children on y Social Month y Check or pu \$	fore-tax household ncome amounts be <i>this form</i> . Include	income falls below the low for all people in your Yourself!: y retirement
IF you enter no guidelines of Names of household members \$ \$ \$	othing in Boxes n the back in Bo household oth Monthly wages	A, B, or 0 ox D, enter er than the Monthl Securit \$ \$ \$ \$	Box D C AND your be er names and i ne children on y Social Month y Check or pu \$ \$ \$ \$ \$ \$	fore-tax household ncome amounts be this form. Include hy child support blic assistance \$ \$ \$ \$ \$ \$ \$ \$	income falls below the low for all people in your Yourself!: y retirement ions check Monthly Other Earning \$ \$ \$ \$
IF you enter no guidelines of Names of household members \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	othing in Boxes n the back in Bo household oth Monthly wages Box D, enter last 4	A, B, or 6 ox D, enter er than the Monthil Securit \$ \$ \$ \$ digits of yo Sox E EV	Box D C AND your be er names and i ne children on y Social Month y Check or pu \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	efore-tax household ncome amounts be this form. Include bly child support Month blic assistance \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	income falls below the low for all people in your Yourself!: y retirement ions check Monthly Other Earning \$ \$ \$ \$ Check if you don't have a SS #
IF you enter no guidelines of Names of household members \$	othing in Boxes n the back in Bo household oth Monthly wages Box D, enter last 4	A, B, or 0 ox D, enter er than the Monthl Securit \$ \$ \$ digits of yo Sox E EV	Box D C AND your be er names and i ne children on y Social Month y Check or pu \$ \$ \$ \$ \$ \$ ur Social Security ERYONE Sign	efore-tax household ncome amounts be this form. Include hy child support Monthl pens \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	income falls below the low for all people in your Yourself!: y retirement ions check Monthly Other Earning \$ \$ \$ Check if you don't have a SS #
IF you enter no guidelines of Names of household members \$ \$ \$ DNLY IF you fill out E Date: P Street Address:	othing in Boxes n the back in Bo household oth Monthly wages Box D, enter last 4	A, B, or 6 ox D, enter er than the securit \$ \$ \$ \$ digits of yo Sox E EV Signature:	Box D C AND your be er names and i ne children on y Social Month y Check or pu \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	efore-tax household ncome amounts be this form. Include hy child support blic assistance \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	income falls below the low for all people in your Yourself!: y retirement ions check Monthly Other Earning \$ \$ \$ Check if you don't have a SS #
IF you enter no guidelines of Names of household members \$ \$ \$ DNLY IF you fill out E Date: P Street Address: Phone: I certify that all of this information on	othing in Boxes n the back in Bo household oth Monthly wages Box D, enter last 4 Definition D arent/Guardian S on is true and correct and th the application and that definition	A, B, or 0 ox D, enter eer than the securit s s s s digits of you cox E EV signature: Alternate misreproduction	Box D C AND your be er names and i ne children on y Social Month y Check or pu \$ \$ \$ \$ \$ ur Social Security ERYONE Sign City: te Phone:	efore-tax household ncome amounts be this form. Include hy child support Monthl blic assistance \$ \$ \$ \$ \$ \$ # XXX-XX- S HERE: Print Na	income falls below the low for all people in your Yourself!: y retirement ions check Monthly Other Earning \$ \$ \$ Check if you don't have a SS # Check if you don't have a SS # Check if you don't have a SS # Check if you don't have a SS #
IF you enter no guidelines of Names of household members \$ \$ DNLY IF you fill out E Date: P Street Address: Phone:	othing in Boxes n the back in Bo household oth Monthly wages Box D, enter last 4 Con is true and correct and the the application and that de al household size:_ Reduced	A, B, or (ox D, enter er than the securit \$ \$ \$ \$ \$ digits of you sox E EV Signature: 	Box D C AND your be er names and i ne children on y Social Month y Check or pu \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	efore-tax household ncome amounts be this form. Include hy child support Monthl blic assistance \$ \$ \$ \$ \$ \$ # XXX-XX- S HERE: Print Na	income falls below the low for all people in your Yourself!: y retirement ions check Monthly Other Earning \$ \$ \$ Check if you don't have a SS #

Enrollment And Eligibility Form For CACFP July 1, 2020 through June 30, 2021 USDA does not discriminate according race, color, national origin, age, sex, and disability.

Combined Enrollment And Eligibility Form For CACFP July 1, 2020 through June 30, 2021 Child Nutrition Program, Inc. Sponsor 7484

To Centers:

Aid parents in filling in name, date of birth, normal hours and days of care and normal meals.
 If ethnic and racial ID. is not made, make a discreet visual assessment and record on the form.

3. <u>Fax this form to us immediately upon receipt. 704-334-4060</u> Get this form to our office during a child's first month of enrollment or your reimbursement may be adversely effected.

Box B

P Foster or Homeless Child (Including children evacuated From *Japan and Bahrain)

Indicate if child is a Foster Child or is homeless. Households with foster and non-foster children may choose to include the foster child as a household member, as well as any personal income earned by the foster child, on the same household application that includes their non-foster children. Additionally, when a host family applies for free and reduced price meals for their own children, the host family may include the homeless family as household members if the host family provides financial support to the homeless family. In such cases, the host family must also include any income received by the homeless family.

*Certification from the agency which assisted with the evacuation or is providing shelter is required.

Box C

Income information you give us will in no way reduce your benefits.



Any information you give us concerning <u>income or</u> <u>ethnic and racial</u> <u>identity is confidential</u>. and kept securely.

Box D

Check this table to see if your household income falls below these figures. Then, write your income in the table on the front. The Department of Agriculture defines a household as a group of related or unrelated individuals (not residents of an institution or boarding house) who are living as one economic unit (i.e. sharing living expenses). The income which you report must be the total gross income, before deductions, received by all members of your household last month (i.e. wages, public assistance, TANF or retirement, etc.).

Household size	Weekly income	Monthly income	Yearly income	Household size	Weekly income	Monthly income	Yearly income
1	\$454	\$1,968	\$23,606	5	\$1,092	\$4,730	\$56,758
2	\$614	\$2,658	\$31,894	6	\$1,251	\$5,421	\$65.046
3	\$773	\$3,349	\$40,182	7	\$1,411	\$6,112	\$73,334
4	\$933	\$4040	\$48470	8	\$1,570	\$6,802	\$81,662
Each additional person:	+\$160	+\$691	+\$8,228	Each additional	+\$160	+\$691	+\$8,288

Net Income (before ta	axes or any other deductions) to report f	rom last month in Box D:
Earnings from Employment • Wage/salaries/tips • Strike benefits • Unemployment compensation • Net income from self-owned business or farm • Worker's compensation <u>Public Assistance/Child Support/Alimony</u> • Public assistance payments • TANF payments • Alimony/Child support payments	Pensions/Retirement/Social Security Pensions • Supplemental security income • Retirement income • Veteran's payments •	Other Income • Disability benefits • Cash withdrawn from Savings • Interest/dividends • Income from estates/trusts/ investments • Regular contributions from persons not

To Parents:

We are a Sponsoring Organization for The Child and Adult Care Food Program. This Federal program supplements your Center's nutrition program. The goal of the food program is to support your Center in serving your children healthy meals. If you can supply income information on this form, it will help us all in assuring your children are given high quality meals. We are available to answer any questions you may have. If income changes during the year, you can amend this form any time.

704-375-3938 800-352-1547

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of social security number if an adult household member who signs fills out the Household Income Information. The Social Security number is not required when you apply on behalf of a foster child or you list a Food Stamp, Temporary Assistance for Needy Families(TANF) for Food Distribution Program on Indian Reservations(FDPIR) case number for your child or other FDPIR identifier or when you indicate that the adult household member signing the application does not have a Social Security number. We will use your information to determine if your child is eligible for free or reduced price meals and for administration and enforcement of the Program. If a child is a Head Start participant, the child is automatically eligible to receive Program meal benefits, subject to submission by Head Start officials of a Head Start Statement of income eligibility or income eligibility documentation.

Belief Statement

We, <u>Skyers Child Developmnet Ctr.</u> (name of facility), believe that preventing, recognizing, responding to, and reporting shaken baby syndrome and abusive head trauma (SBS/AHT) is an important function of keeping children safe, protecting their healthy development, providing quality child care, and educating families.

Background

SBS/AHT is the name given to a form of physical child abuse that occurs when an infant or small child is violently shaken and/or there is trauma to the head. Shaking may last only a few seconds but can result in severe injury or even death¹. According to North Carolina Child Care Rule (child care centers, 10A NCAC 09 .0608, family child care homes, 10A NCAC 09 .1726), each child care facility licensed to care for children up to five years of age shall develop and adopt a policy to prevent SBS/AHT².

Procedure/Practice

Recognizing:

 Children are observed for signs of abusive head trauma including irritability and/or high pitched crying, difficulty staying awake/lethargy or loss of consciousness, difficulty breathing, inability to lift the head, seizures, lack of appetite, vomiting, bruises, poor feeding/sucking, no smiling or vocalization, inability of the eyes to track and/or decreased muscle tone. Bruises may be found on the upper arms, rib cage, or head resulting from gripping or from hitting the head.

Responding to:

- If SBS/ABT is suspected, staff will³: o
 - Call 911 immediately upon suspecting SBS/AHT and inform the director.
 - Call the parents/guardians.
 - If the child has stopped breathing, trained staff will begin pediatric CPR⁴.

Reporting:

- Instances of suspected child maltreatment in child care are reported to Division of Child Development and Early Education (DCDEE) by calling 1-800-859-0829 or by emailing <u>webmasterdcd@dhhs.nc.gov</u>.
- Instances of suspected child maltreatment in the home are reported to the county Department of Social Services. Phone number: <u>919-527-6335</u>

Prevention strategies to assist staff* in coping with a crying, fussing, or distraught child

Staff first determine if the child has any physical needs such as being hungry, tired, sick, or in need of a diaper change. If no physical need is identified, staff will attempt one or more of the following strategies⁵:

- Rock the child, hold the child close, or walk with the child.
- Stand up, hold the child close, and repeatedly bend knees.
- Sing or talk to the child in a soothing voice.
- Gently rub or stroke the child's back, chest, or tummy.
- Offer a pacifier or try to distract the child with a rattle or toy.
- Take the child for a ride in a stroller.
- Turn on music or white noise.

In addition, the facility:

- Allows for staff who feel they may lose control to have a short, but relatively immediate break away from the children⁶.
- Provides support when parents/guardians are trying to calm a crying child and encourage parents to take a calming break if needed.





Prohibited behaviors

Behaviors that are prohibited include (but are not limited to):

- □ shaking or jerking a child
- tossing a child into the air or into a crib, chair, or car seat
- pushing a child into walls, doors, or furniture

Strategies to assist staff members understand how to care for infants Staff

reviews and discusses:

- The five goals and developmental indicators in the 2013 North Carolina Foundations for Early Learning and Development, <u>ncchildcare.nc.gov/PDF_forms/NC_Foundations.pdf</u>
- How to Care for Infants and Toddlers in Groups, the National Center for Infants, Toddlers and Families, <u>www.zerotothree.org/resources/77-how-to-care-for-infants-and-toddlers-in-groups</u>
- Including Relationship-Based Care Practices in Infant-Toddler Care: Implications for Practice and Policy, the Network of Infant/Toddler Researchers, pages 7-9, www.acf.hhs.gov/sites/default/files/opre/nitr inquire may 2016 070616 b508compliant.pdf

Strategies to ensure staff members understand the brain development of children up to five years of age

All staff take training on SBS/AHT within first two weeks of employment. Training includes recognizing, responding to, and reporting child abuse, neglect, or maltreatment as well as the brain development of children up to five years of age. Staff review and discuss:

- Brain Development from Birth video, the National Center for Infants, Toddlers and Families, www.zerotothree.org/resources/156-brain-wonders-nurturing-healthy-brain-development-from-birth
- The Science of Early Childhood Development, Center on the Developing Child, <u>developingchild.harvard.edu/resources/inbrief-science-of-ecd/</u>

Resources

List resources such as a staff person designated to provide support or a local county/community resource:

Shawn Wilson / Child Care Mecklenburg Nurse 704-432-1975

Parent web resources

- The American Academy of Pediatrics: <u>www.healthychildren.org/English/safety-</u> prevention/athome/Pages/Abusive-Head-Trauma-Shaken-Baby-Syndrome.aspx
- The National Center on Shaken Baby Syndrome: <u>http://dontshake.org/family-resources</u>
- The Period of Purple Crying: <u>http://purplecrying.info/</u>
- Other _____

Facility web resources

- Caring for Our Children, Standard 3.4.4.3 Preventing and Identifying Shaken Baby Syndrome/Abusive Head Trauma, <u>http://cfoc.nrckids.org/StandardView.cfm?StdNum=3.4.4.3&=+</u>
- Preventing Shaken Baby Syndrome, the Centers for Disease Control and Prevention, <u>http://centerforchildwelfare.fmhi.usf.edu/kb/trprev/Preventing_SBS_508-a.pdf</u>
- Early Development & Well-Being, Zero to Three, <u>www.zerotothree.org/early-development</u>





References

- 1. The National Center on Shaken Baby Syndrome, <u>www.dontshake.org</u>
- 2. NC DCDEE, <u>ncchildcare.dhhs.state.nc.us/general/mb_ccrulespublic.asp</u>
- 3. Shaken baby syndrome, the Mayo Clinic, <u>www.mayoclinic.org/diseases-conditions/shaken-babysyndrome/basics/symptoms/con-20034461</u>
- 4. Pediatric First Aid/CPR/AED, American Red Cross, www.redcross.org/images/MEDIA_CustomProductCatalog/m4240175_Pediatric_ready_reference.pdf
- 5. Calming Techniques for a Crying Baby, Children's Hospital Colorado, <u>www.childrenscolorado.org/conditions-andadvice/calm-a-crying-baby/calming-techniques</u>
- 6. Caring for Our Children, Standard 1.7.0.5: Stress <u>http://cfoc.nrckids.org/StandardView/1.7.0.5</u>

Application

This policy applies to children up to five years of age and their families, operators, early educators, substitute providers, and uncompensated providers.

Communication

Staff*

- Within 30 days of adopting this policy, the child care facility shall review the policy with all staff who provide care for children up to five years of age.
- All current staff members and newly hired staff will be trained in SBS/AHT before providing care for children up to five years of age.
- Staff will sign an acknowledgement form that includes the individual's name, the date the center's policy was given and explained to the individual, the individual's signature, and the date the individual signed the acknowledgment

• The child care facility shall keep the **SBS/AHT staff acknowledgement form** in the staff member's file. Parents/Guardians

- Within 30 days of adopting this policy, the child care facility shall review the policy with parents/guardians of currently enrolled children up to five years of age.
- A copy of the policy will be given and explained to the parents/guardians of newly enrolled children up to five years of age on or before the first day the child receives care at the facility.
- Parents/guardians will sign an acknowledgement form that includes the child's name, date the child first attended the facility, date the operator's policy was given and explained to the parent, parent's name, parent's signature, and the date the parent signed the acknowledgement
- The child care facility shall keep the SBS/AHT parent acknowledgement form in the child's file.

* For purposes of this policy, "staff" includes the operator and other administration staff who may be counted in ratio, additional caregivers, substitute providers, and uncompensated providers.

2/17/17

Effective Date





Parent or guardian acknowledgement form

I, the parent or guardian of

Child's name

acknowledges that I have read and received a copy of the facility's Shaken Baby Syndrome/Abusive Head Trauma Policy.

Date policy given/explained to parent/guardian

Date of child's enrollment

Print name of parent/guardian

Signature of parent/guardian

Date



The NC Resource Center is a project of the Department of Maternal and Child Health, UNC Gillings School of Global Public Health Developed November 2016



Staff acknowledgement form:

I ______ (name) acknowledge that I have read and received a copy of the facility's Shaken Baby Syndrome/Abusive Head Trauma Policy.

Date policy given/explained to staff person

Staff signature

Date







Smoke Free Policy

Our children at Skyers Child Development Center shall be in a smoke free and tobacco free environment. Smoking and the use of any product containing, made of or derived from tobacco, including e-cigarettes, cigars, little cigars, smokeless tobacco, and hookah, shall not be permitted on the premises, in vehicles used to transport children, or during any off premises activities. All smoking materials shall be kept in locked storage.

I understand and agree with the above policy.

Child's Name:	
Parent's Name:	Date:
Parent's Signature:	Date:

For staff Member use only.

I understand and agree with the above policy.

Staff Name: _____

Staff Signature: _____

Date	::					